



Conway Regional Clinical Laboratory Services
Providing CRCLS of Quality, Consistency and Service

Patient Instructions for Conway Regional Laboratory Testing

(Location for all laboratory testing is Conway Regional Medical Center; enter through the west lobby on the opposite side of the ER.)

24-Hour Urine Collections

Please follow the instructions below. **Note:** If a “caution” sticker is on your large container, this means a chemical has been added to the container. Please be very careful not to get the chemical on your skin. If the chemical comes into contact with your skin, flush with large amounts of water and call your physician.

- Urinate in toilet. Look at the time and write it here_____.
- Collect all urine for the next 24 hours into a cup, then pour the urine from each cup into the large container provided. Be sure **all** urine for the next 24 hours is placed in the large container.
- 24 hours from the time you wrote above, attempt to urinate one last time and place the last specimen into the large container. Write the time of the last specimen here_____. Bring your specimen to the Laboratory at any time. The Laboratory is open 24 hours a day, 7 days a week.

**If you have any questions regarding these tests, feel free to call the Laboratory, at
501-513-5752.**



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□ Rhogam Injection

You do not need an appointment, but you must register in the East Lobby between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday.

Before you receive your injection the staff will do a blood test. It will take between 20 minutes and two hours to get the results. You can wait on the test and then receive your injection (if needed). If you're not able to wait for your results, you can return within three days if you need an injection. If you choose to return later, you will **not** need to register in the East Lobby. Go directly to the Lab, which is open 24 hours a day, seven days a week.

□ Glucose Screening

You do not need an appointment for this test. You may come to the Laboratory at any time. The Laboratory is open 24 hours a day, 7 days a week.

- You will be at the hospital for 1 to 1½ hours for this test.

□ Glucose Tolerance Test

You will need to **call the Laboratory (513-5752) and schedule an appointment for this testing.** Plan to be at the hospital for up to four hours.

- Increase your carbohydrate intake (bread, pasta, etc.) for three days prior to testing.
- **Do not** eat or drink anything but water for 14 hours prior to testing.
- You may be in the hospital for up to 4 hours.

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Semen Analysis

To give your physician the most accurate results possible, please follow these instructions when collecting the specimen. **This is very important.**

Please fill out the questions at the bottom of this sheet

Collection Instructions:

- Do not have any sexual activity for 2-3 days before collecting the specimen.
- Collect the specimen by masturbation only.
- Do not contaminate the specimen with lubricants (lotions, Vaseline, etc.) or oral or vaginal fluids.
- Collect entire specimen into the specimen cup. Do not collect the specimen into a condom.
- After collection, do not allow the specimen to get hot or cold.
- Bring the specimen to the Laboratory within 1 hour of collection. (30 minutes is even better.)
- Fill out the information below and bring this sheet with you when you bring your specimen to the Laboratory.

Please complete the following and bring it with you when you bring your specimen to the Laboratory.

1. What time was the specimen collected? _____
2. How many days since your last ejaculation? _____
3. Was the specimen exposed to heat or cold? (Circle one) Yes No
4. Was the entire specimen collected? (Circle one) Yes No
5. Was the specimen collected as described above? (Circle one) Yes No
6. If you circled "No", please describe any problems:

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Stool Collections

For all stool testing, first collect stool in the clean cups provided. Bring the specimen to the laboratory within 1 hour. The lab is open 24 hours a day, seven days a week.

- **For “O&P” testing**, use the clean cup provided:
 - Store at room temperature. **Do not refrigerate the cup.**

- **For other stool tests**, use an airtight clean container:
 - Collect stool in the clean cup provided. If additional testing (“stool culture” and/or “O&P”) is requested by your physician, follow the above instructions.
 - Close the container by placing the lid on the cup.
 - Place the cup in the plastic bag.
 - If it will be more than 30 minutes before you can bring this specimen to the Laboratory, **refrigerate this specimen.**

**If you have any questions regarding these tests, feel free to call the Laboratory, at
501-513-5752.**