

**CONWAY REGIONAL HEALTH SYSTEM
CLINICAL LABORATORY**

Collection of 24 Hour Urines

PURPOSE

To ensure proper collection of 24 hour urine specimens for laboratory testing.

MATERIALS

1. 24 hour urine container - available from Laboratory or materials management.
2. Labeling supplies.

PROCEDURE

1. Refer to User's Guide to Laboratory Services for guidelines concerning specific test requirements. See Directory of Service guidelines.
2. Label the 24 hour container with the patient's name, account number, location, and date.
3. Begin the collection by having the patient void. Discard this specimen and record the time on the container as the start time. Also, record the time on the request form.
4. During the next 24 hours, all urine is to be collected and poured into the container.
5. Keep the container in a refrigerator. **DO NOT USE A REFRIGERATOR THAT IS NORMALLY USED FOR FOOD OR BEVERAGE STORAGE.**
6. At the end of the 24 hours, have the patient void and collect this specimen into the container.
7. Record the ending time on the container and on the request form.
8. Submit the specimen and request form to the lab as soon as possible per routine procedure.

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04/01/05

APPROVED BY: _____ DATE _____
(Medical Director)

APPROVED BY: _____ DATE _____
(Clinical Director)