# 2021 Annual Report







	ABOUT CONWAY REGIONAL	
	Letter from the CEO  Leadership  ACM Committees  Service Statistics	
7	OUR COVID-19 RESPONSE	
10	OUR FAMILY	
	GROWING TOGETHER	
	Itensive Care Unit Greenbrier Family Medicine Russellville Clinic Expanding and New Service Lines Residency Programs	
	COMMUNITY	
18	Health Foundation  Sponsorships  Partnerships with Area Educators	
LEBRATIONS	AWARDS, RECOGNITIONS, & CELI	
20	Awards	

# About Conway Regional

For the past 100 years, Conway Regional Health System has provided high-quality, compassionate health care services to the communities we serve. What started in 1921 as a movement by local businessmen to provide healthcare in the local community grew into a thriving health system centered on a 150-bed medical center.

Today, Conway Regional Health System provides healthcare services to the growing communities of north central Arkansas and the river valley, including Faulkner, Conway, Perry, Pope, Yell, Van Buren, and Cleburne counties. Conway Regional proudly offers comprehensive healthcare services such as cardiac care, orthopedics, cancer care, women's health, gastroenterology, pain management, and surgical services.

Conway Regional is an economic force in our community, with more than 225 physicians on the medical staff, over 1,800 employees, and 100 community volunteers. These team members and their families make Conway Regional one of Conway's largest employers. Our dedicated team members uphold our mission by providing high-quality, compassionate care to those in our community, and they also work tirelessly to support their community outside of the hospital walls.

As our community and its needs expand, so does Conway Regional Health System. We're not just growing—we're growing together.



### **MISSION**

Conway Regional Health System is accountable to the community to provide high-quality, compassionate health care services.



### **VISION**

The vision of Conway Regional Health System is to be recognized as the regional leader in health care excellence.



### **VAULES**

Integrity, Compassion, Accountability, Respect, Excellence



### **BRAND PROMISE**

At Conway Regional, we are one team with one promise: to be bold, to be exceptional, and to answer the call. Regardless of role, each member of our team assists in fulfilling our mission to our community.

# Letter from Matt Troup, President and CEO

I am pleased to continue serving as president and CEO of Conway Regional Health System and present this report that showcases our contributions to the community in 2021. For the past 100 years, Conway Regional has been a cornerstone of North Central Arkansas and the River Valley, and it is our honor to provide high-quality, compassionate care to the communities we serve.

Throughout our history, the physicians, nurses, and support staff of Conway Regional Health System have shown remarkable resilience in the face of numerous natural and man-made disasters. As we entered 2021, our fortitude was tested as COVID-19 variants surged across the country. Our team adapted and strengthened our resolve as Conway Regional cared for the most significant number of acutely ill patients since the pandemic began in 2020. We continued to rely on drive-thru testing, telemedicine appointments, staff wellness initiatives, and creative staffing to respond to the growing number of patients.



During the past year, we continued running into challenges by focusing on innovation and growth, including constructing a new intensive care unit that will expand our capacity to provide care to our most acutely ill patients. When completed, the new ICU will offer 24 larger patient rooms supported with the latest technology and an atrium designed to be a calming atmosphere for our visitors and staff. I am incredibly proud of our staff, who made untold sacrifices to provide high-quality care to our community.

We continued to add to our growing medical staff with highly skilled providers in interventional cardiology, infectious disease, family practice, and counseling. These services are designed to accommodate the growing demand for highly advanced care closer to home. Our family medicine residency program added four additional resident physicians, and we announced the beginning of an internal medicine residency program.

Partnership is at the heart of all we do. This sentiment extends to the exceptional team we have at Conway Regional. We place a high degree of importance upon our values of integrity, compassion, accountability, respect, and excellence, and each staff member exemplifies this. We were honored to be named to Modern Healthcare's 2021 National Best Places to Work in Healthcare for the fourth consecutive year. We celebrated being named an Arkansas Business 2021 Best Place to Work for the fifth consecutive year.

While accepting the challenge of one of the most complex health care crises in history, Conway Regional continues to serve a group of thriving communities. We remain committed to our mission of providing high-quality health care for the betterment of our community. A growing community deserves a growing health system, and we look forward to increasing health care access across our region. We're not just growing—we're growing together.

Matt Troup, CEO

# **Board of Directors**



Jim Rankin, Jr., JD Chair



**Tom Poe** Vice-Chair



**Andrea Woods, JD** Immediate Past Chair



Rev. Cornell Maltbia



Andrew Cole, MD



Jeff Standridge, Ed D



Thad Hardin, MD



Wayne Cox



Barbara Williams, PhD, RN

# Executive Leadership Team



**Matt Troup**President & CEO



**Angie Longing**Chief Nursing Officer



**Troy Brooks**Chief Financial Officer



**Rebekah Fincher**Chief Administrative
Officer



**Bryan Gibbs**Chief Support Officer



**James Reed**Chief Information Officer



**Richard Tyler** Chief Human Resources Officer



**Alan Finley**President of DRMC

# **ACM Committees**

With more than 225 physicians providing health care services at Conway Regional, the organization partners with the medical staff in an Accountable Clinical Management model (ACM).

This one-of-a-kind partnership creates a model of shared governance to promote meaningful engagement of physician leaders and hospital administrative leadership – all to improve patient experience and enhance care. In January 2021, the ACM membership and committee structure expanded to include primary care physicians, bringing the total membership to more than 100 physicians.

### **LEADERSHIP**

### CHAIR: MICHAEL STANTON, MD

Carol Angel, MD
James Howell, MD
Thad Hardin, MD, Brandie Martin, MD
Martin Moix, MD, Wade Gregory, MD
Darren Freeman, MD,
Lew McColgan, MD

# PERFORMANCE IMPROVEMENT

### CHAIR: GREG KENDRICK, MD

Bill Roberts, MD
David Pope, MD
Anthony Manning, MD
Jason Skinner, MD,
Amy Johnson, MD
Brandy Utter, MD, Mary Burgess, MD

# INFORMATION TECHNOLOGY

### CHAIR: JEFFREY HALL, MD

Jimmy Fulmer, MD Ralph Marrero, MD Joshua Dickinson, MD Arthur Slaton, MD Landon Humphrey, MD

### **MEDICINE**

### CHAIRS: ALOK SURANA, MD & WHITNEY PHILAMLEE, MD

Don Steely, MD Alyson Fish, MD Megan Russell, MD Mary Jo Shaver, MD Arthur Slaton, MD

### WOMEN AND INFANTS

### CHAIR: LAUREN NOLEN, MD

Courtney Sick, MD Josh Ward, MD Jonathan Lee, MD Terence Champlin, MD

# SURGICAL SERVICES

### CHAIR: JENNIFER BISHOP, MD

Regan Gallaher, MD James Head, MD Brock King, MD Robbie Hurtt, MD Jeff Marotte, MD Andrew Cole, MD

### **CREDENTIALS**

### CHAIR: MICHAEL WOOD, MD

Jeffrey Hall, MD Michael Fahr, MD Justin Charton, MD Jevin Smith, MD Regan Gallaher, MD

# COMPREHENSIVE SPORTS MEDICINE OUTREACH PROGRAM

### CHAIR: TOM ROBERTS, MD

Thad Hardin, MD Jason Talburt, MD Tim Freyaldenhoven, MD Don Steely, MD Grant Bennett, MD

# POST-ACUTE CARE

### CHAIR: ALEX FREEMAN, MD

Caleb Dickson, MD Brandon Thurow, MD Brooks Lawrence, MD Kristy Roberts, MD Gina McNew, MD Lander Smith, MD

# Service Statistics

# **ADMISSIONS**



Admissions to the hospital increased over the past year.

8,326

### **PRIMARY CARE**



Primary care clinic visits increased over the past year.

97,975

### **ER VISITS**



Emergency room visits increased over the past year.

32, 338

### **DELIVERIES**



Deliveries increased over the past year

1,766

# CALL CENTER



Physician referrals through the call center increased over the past year.

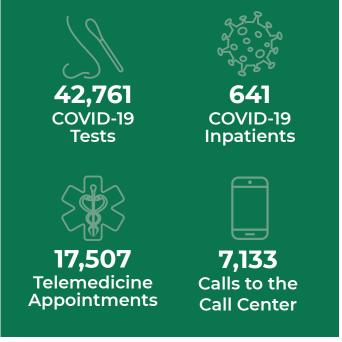
19,247



When COVID-19 reached Arkansas on March 11, 2020, our team answered the call to provide high-quality, compassionate care to the communities we serve amid an unprecedented global pandemic. Through innovation, collaboration, and resilience, our team ran into the challenges presented by COVID-19 to meet the health care needs of our community.

We remained mission-focused throughout the COVID-19 pandemic. Our team has continued to provide services to meet our community's ever-changing health care needs. From COVID-19 testing and vaccines to telemedicine appointments to caring for patients with COVID-19, our team expanded and adapted operations to meet the community's needs every step of the way.





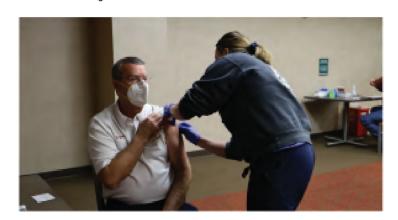


### **COVID-19 Vaccines**

As the community's hospital, Conway Regional served as a resource for our community during the pandemic. Vaccines are crucial for preventing the spread and severity of the disease, and Conway Regional was proud to offer this much-needed protection within our community as we worked together to reduce the spread and severity of COVID-19 cases.

Conway Regional began distributing doses of the vaccines prescribed by the Arkansas Department of Health COVID-19 Vaccination Plan throughout 2021. More than 18,655 vaccines were given on the medical center campus, providing vaccinations for EMS, fire and law enforcement, educators, and the public. Additionally, through our partnership with the University of Central Arkansas, nursing students assisted our team in administering the shots, allowing us to provide this vital service to the community.

Additionally, we were proud to partner with the University of Central Arkansas to provide vaccinations to those within our education community.





### Vaccine Mandate

In August, Conway Regional Health System announced that all employees would be required to receive the COVID-19 vaccine effective October 8, 2021. The announcement followed a July statement requiring Conway Regional's executive leadership, directors, managers, and new hires to receive the COVID-19 vaccine. The COVID-19 vaccine policy includes exemptions for religious and medical reasons, like the flu vaccine. Conway Regional, consistent with several other health systems across the state and nation, requires an annual vaccine for influenza. The Arkansas Hospital Association also supported member hospitals that elected to implement policies requiring staff to receive the vaccine.



### One Team. One Promise.

Maintaining employee engagement and well-being is a pillar of our work culture at Conway Regional, and our cultural values were foundational to our COVID-19 response efforts. While we worked as a team to care for our community, we also identified ways we could care for one another. Our Staff Wellness Committee worked together to identify ways our organization could alleviate burdens and support fellow team members. Here are some of the ways we were able to care for our teammates:

- · Complimentary meals from the cafeteria
- · Take home meals for families at a discounted rate
- Development of a relaxation room with massage chairs, dimmed lighting, and snacks
- Establishment of a daycare at our Health and Fitness Center for employees to use for childcare at no cost
- Partner with local businesses to offer free or discounted services/meals for employees
- Created an encouragement wall, allowing employees to write encouraging notes to colleagues and place them in a "mailbox" in the department
- · Arranged for therapy animals to round on staff members

### Helping Hands

Helping Hands is a program that created temporary positions to provide extra help for our team members. Staff not working in direct bedside patient care were eligible to work medical and non-medical shifts outside their regular work schedule.

As the hospital census increased due to COVID-19 surges, Helping Hands was another way to allocate staff from areas where they were not as critical to areas where our need was urgent. Helping Hands is a shining example of teamwork at its very best.





# Our Family

# **ETHNICITY**

# AGE

# **GENDER**

White: 86.69%

African American: 9.11% Hispanic/Latino: 2.22%

2+ Races: 1.20%

**Asian:** 0.54%

Pacific Islander: 0.18%

**18-25:** 17.42%

**26-35:** 29.89%

**36-45:** 22.02%

**46-55:** 16.41%

**56-64:** 11.28%

**65+** 2.98%

**Female:** 79.47%

Male: 19 93%

### **TOWN HALLS**

As Conway Regional continues to grow and expand, employee engagement and culture remain areas of focus and strength for the organization. Through Quarterly Town Halls, employees and volunteers receive information about upcoming plans and policy changes directly from hospital leadership. Due to the COVID-19 pandemic, our Town Halls were conducted in a virtual format to adhere to state guidance on social distancing.



### **EMPLOYEE WELLNESS**

In 2021, employee wellness expanded its reach to all employees at Conway Regional by hosting multiple events to promote wellness and healthy lifestyle habits. These included a recipe contest, weight loss challenge, virtual 5K and 10K races, and a 12 Days of fitness competition.

During the 2020-2021 coaching year, employees and spouses in wellness coaching reduced their average weight, body mass index (BMI), and glucose levels while increasing their average HDL (good cholesterol) levels. The number of nicotine users in the health system also decreased by 20%. A large portion of this change is attributed to the health coaching provided by certified lifestyle coaches employed by the Conway Regional Wellness and Diabetes Education department.



Since 1921, Conway Regional has been committed to providing high-quality, compassionate health care to the communities we serve. During that time, the communities have grown in population and changed to meet the needs of their residents. Conway Reginal launched the "We're Growing Together" campaign in 2019, as we reflected on the partnership and interconnection of the health system with local communities. This campaign emphasizes the expansion of the health system's facilities, service lines, medical staff, and employees, mirroring the growth of our seven-county service area.

"We're Growing Together" is a \$60 million capital investment project currently underway, expanding and enhancing services throughout Conway Regional Health System, impacting 19 distinct areas of the health system.

### **Intensive Care Unit**

Conway Regional team members and community leaders signed their names on the final beam before it was put in place. In May, we celebrated the topping out of a new 65,000-square-foot facility that will be the future home of our new Intensive Care Unit. The new unit will expand access to intensive care services for Faulkner County and the surrounding areas, increasing capacity from 17 to 24 critical care beds with room for future growth and expansion. The new \$21 million facility will open in the summer of 2022.







# Conway Regional Greenbrier Family Medicine

We celebrated the grand opening of our new Conway Regional Greenbrier Family Medicine Clinic. The clinic provides care to patients outside Greenbrier's city limits, with patients living in Clinton, Heber Springs, and Quitman. Construction began on the new clinic in February of 2020 to accommodate the need for expanding services in the growing Greenbrier area. The new facility accommodates existing services, allowing providers to streamline care while adding new services.

Greenbrier Family Medicine's medical staff includes James Fulmer, MD; Kristy Roberts, DO; Jarrod Jerry, APRN; Lauren Blansett, APRN; and Misty Birdwell, APRN.

The new space also allows for the relocation of Conway Regional Therapy Services – Greenbrier. The therapy team specializes in physical and occupational therapy for pre- and post-surgical conditions, such as rotator cuff, knee arthroplasty, and hip replacement.

# Conway Regional Endoscopy Center

Conway Regional proudly opened a new, state-of-the-art endoscopy center at the medical center campus. The new endoscopy center equips our providers with innovative tools to diagnose and treat various gastrointestinal disorders. The new facility allows providers to care for patients in a comfortable outpatient setting, designed with compassionate care, safety, and patient privacy. The center is led by Martin Moix, MD, and Owen Maat, MD.







Conway Regional Medical Clinic - Russellville

Reflecting the growing population in Pope County, Conway Regional Medical Clinic – Russellville was renovated and expanded, allowing additional space to care for patients and offering expanded access to care. The expanded clinic will enable providers to streamline care while providing space for general surgeons, orthopedic specialists, and gastroenterology services. Additional services will continue to be added in the future.

The clinic's providers include Trevor Walker, DO, Kenneth Turner, MD, Leslie Ward, MD, Breckenn Findley, APRN, and Natalie Hill, APRN, Jessica McNeese, APRN.

# Clinton Doctor's Office Building

Conway Regional Health System purchased a two-story medical office building in Clinton called the Conway Regional Doctors Building. The building houses Conway Regional Clinton Medical Clinic and the family practice of Barry Carroll, MD, and Crystal Stripling, APRN.

In addition to owning and operating Clinton Medical Clinic, Conway Regional has provided cardiology services to the area for the past 25 years and partnered with physicians to bring services ranging from family medicine, pain management, and surgical services to the community. Conway Regional also provides inpatient hospitalist coverage for Ozark Health Medical Center.

Acquiring The Doctors Building reflects Conway Regional's longtime relationship in Clinton and our strategy for providing high-quality health care to Van Buren County. The building has 4,000 square feet of unfinished space on the first floor that Conway Regional is planning to develop in the future.



# New and Expanding Service Lines

### **NEW MEDICAL STAFF IN 2021:**

- Mary Burgess, MD, Infectious Disease
- William Crittenden, MD, Hospitalist
- Neelakanta Dadi, MD, Hematology and Oncology
- Yalcin Hacioglu, MD, Interventional Cardiology
- Steven James, MD, Hospitalist
- Colton Kordsmeier, MD, Hospitalist
- Clark Trapp, MD, Primary Care and Graduate Medical
- Trevor Walker, DO, Primary Care
- Blair Eberhard, PMHNP, Counseling
- Jared Elmquist, PA, Orthopedics

- Mikka Fenley, APRN, Rheumatology
- Lindsay Hutchins, PA, Hospitalist
- Eli Jackson, PA, General Surgery
- Kristy Lawson, PMHNP, Counseling
- Maranda Moore, APRN, Primary Care
- Krystal Riley, APRN, Primary Care
- Tanya Taylor, PMHNP, Counseling
- Heather Teague, APRN, Pain Management
- Kaylen Welter, PA, Orthopedics

### **CORPORATE WELLNESS**

Conway Regional has emphasized providing healthcare services at workplaces throughout the region. By providing these services onsite, it allows employees to receive services they need without leaving the office, increasing productivity and convenience.

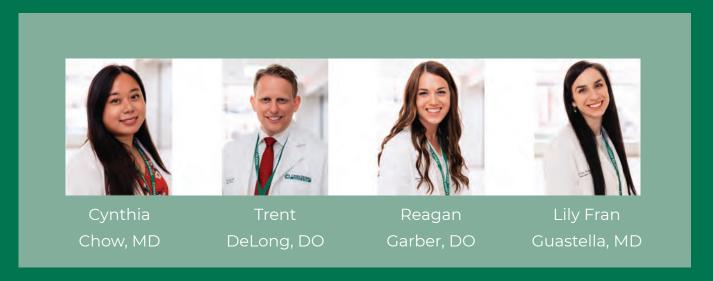
In 2021, the health system performed flu shot clinics for Cromwell Architects, Edafio Technology Partners (Conway and North Little Rock), Conway Police Department, Hendrix College, Renewal Ranch, and employees of Faulkner County. In total, 479 flu shots were provided. In addition, Conway Regional held an onsite biometric screening clinic for the Conway Police Department, completing 20 biometric screenings for police department employees. Conway Regional continued to provide heart and health wellness checks to its corporate partners and the community.





# Family Medicine Residents

Conway Regional Health System welcomed four new family medicine residents to our Family Medicine Residency Program who began their training at Conway Regional on July 1. Residents include Cynthia Chow, MD, Trent DeLong, DO, Reagan Garber, DO, and Lily Fran Guastella, MD.



Our program is training a generation of physicians who are critical thinkers, compassionate providers, skilled clinicians, and future leaders in medicine. Our dynamic education process encourages innovation while incorporating traditional family medicine, minor surgeries, obstetrical/gynecological care, and pediatrics.

Residents conduct clinical rotation training at Conway Regional Medical Center, Conway Medical Group, and Arkansas Children's Hospital.

# Internal Medicine Residency Program

Conway Regional Health System received approval from the Accreditation Council for Graduate Medical Education (ACGME) to begin an Internal Medicine Residency program. The Internal Medicine Residency Program will encourage innovation while focusing on traditional internal medicine topics, including cardiology, pulmonology, nephrology, infectious disease, gastroenterology, hematology/oncology, rheumatology, endocrinology, and geriatrics.

Five residents will be able to match with Conway Regional through the Residency Matching Program in March 2022 and begin their first day of residency on July 1, 2022. The program will offer further opportunities for Arkansas medical students to complete their residency in the state.

Residents will learn to practice as effective members of the health care system through multi-disciplinary team-based care in inpatient and ambulatory settings. The program is based at Conway Regional Medical Center with opportunities at CHI St. Vincent in Little Rock.

# Health Foundation

### TRIBUTE TREE

Continuing the new tradition, the Conway Regional Tribute Tree was presented as a drive-thru event on the medical center campus, providing a fun and safe experience for families to enjoy. Over 200 families participated, and \$10,350 was raised. Proceeds from the event supported scholarships awarded by the Foundation to students pursuing a degree in a health-related field.



### WHEN WE WORK TOGETHER, WE GROW TOGETHER

In 2021, the Conway Regional Health Foundation raised over \$7 million. This year also saw the three most considerable gifts ever given to the Health Foundation. These included contributions from the Sunderland Foundation, \$2.25 million; the Mabee Foundation, \$1 million; and Centennial Bank, \$750,000.

The Sunderland Foundation Lead Transformation gift allowed the foundation to raise the bar for campaign giving. The Mabee Foundation gift pushed us to help raise more as their gift matched up to \$1 million. The Centennial Bank donation was personal to the Health Foundation as this is a local bank and long-time partner of Conway Regional Health System and Health Foundation.

Not only did the Health Foundation receive contributions from outside sources, but the physicians and employees of Conway Regional Health System raised almost \$1 million alone.

Conway Regional Health System is about more than bricks and mortar or flashy equipment. It is about our neighbors – our family. Patient care is always our priority at Conway Regional. With your help, Conway Regional will continue to grow and be accountable to the community to provide high-quality, compassionate health care services.



# Health Foundation

### **SCHOLARSHIPS**

The Conway Regional Health Foundation awards scholarships to students in health-related fields on an annual basis. In 2021, the Foundation awarded 21 scholarships, totaling \$42,000.







































### **WALK TO REMEMBER**

Conway Regional hosted the 13th annual Walk to Remember as a park and pray event on October 16 in the parking lot on our campus. The Conway Regional Perinatal Bereavement program sponsors the Walk to Remember as a free event for families to remember babies lost at any stage of pregnancy through the first year of life. The event is dedicated to the late Mike Smyers and his wife, Jeanne, who helped develop the bereavement program after his own family experienced loss. This year's event included memorial balloon releases, testimonials, and a reading of the babies' names.





# Sponsorships

### **BIKETOBERFEST**

The city of Conway has many opportunities for cycling as one of only eight communities in Arkansas with a Bicycle Friendly Community designation from the League of American Cyclists. We were excited to announce the second annual Conway Regional Health System Biketoberfest hosted by the Conway Area Chamber of Commerce to celebrate our growing community of cyclists. This was a monthlong celebration to highlight local amenities and routes, provide education on cycling, and encourage riding with opportunities to win prizes.

Throughout the month, Conway Regional posted on social media and shared internal communication to encourage employee and community participation. Each week, we focused on a different theme with information on cycling, sharing cycling tips, introduction videos with our physicians, wellness and nutrition tips, and more.



### CITY OF COLLEGES HALF MARATHON

Conway Regional Health System was the presenting sponsor for the City of Colleges Half Marathon, 10K, 5K, and Fun Run event on October 2. Conway Regional continues to serve as a resource for the community's health and wellness. We are proud to support community events, such as this half marathon, that provide a safe opportunity for participants to be physically active.

### TURKEY TROT AND GOBBLE WOBBLE



Conway Regional was proud to be the presenting sponsor for the 2021 Turkey Trot 5k and Gobble Wobble. The event was held on November 25 and was an excellent opportunity to be active with family around the holidays. Additionally, the Conway Regional Health and Fitness Center offered a free training program to help keep participants on track. This training group offered encouragement and educational tips for both beginners and experienced runners.



### **WAMPUS Cat Care Clinics**

Conway Regional is proud to partner with Conway Public Schools to provide health care services to students and faculty in our education community. The Wampus Cat Care Clinic is a school-based health center that offers in-person and telemedicine visits. The clinic provides vaccines and immunizations, basic laboratory tests, care for illness and injury, sports and job physicals, and pediatric and adult wellness exams. The school district partnered with Conway Regional Medical Center to staff the center with an APRN who works with the patient's primary care physicians.

### **Athletic Training**

Conway Regional believes in building strong community partnerships and works with local physicians as part of the Conway Regional Comprehensive Sports Outreach Program (CSOP). This program provides on-site athletic training, education, emergency care, diagnosis, therapy, and rehabilitation of injuries and medical conditions. We have athletic trainers on staff at the following schools, Hendrix College, Central Baptist College, Conway High School, Greenbrier High School, Vilonia High School, Conway Christian School, Perryville High School, and Clinton High School.

### **UACCM Scholarships**

Conway Regional is proud to provide scholarships to University of Arkansas Community College at Morrilton students. In 2021, Conway Regional gave two scholarships to LPN students at UACCM. These scholarships financially support UACCM students enrolled in their Practical Nursing Program. Conway Regional hires scholarship recipients.

# UCA Partnership for Clinical Excellence

Conway Regional Health System and the University of Central Arkansas are proud to work together on the Partnership for Clinical Excellence. This partnership works to address the national nursing shortage at the local level by offering scholarships to UCA School of Nursing students in their junior or senior year. This program is mutually beneficial to Conway Regional and the BSN nursing students at the University of Central Arkansas. Conway Regional Health System and the Conway Regional Health Foundation provide financial support to qualified students who enroll in and graduate from the UCA BSN program with the intention of hiring such graduates at Conway Regional.

### ARKANSAS BUSINESS BEST PLACES TO WORK IN ARKANSAS

Conway Regional Health System was named one of the Best Places to Work in Arkansas in 2021 for the fifth consecutive year. Arkansas Business and Best Companies Group created this annual recognition program to identify, recognize, and honor the best employers in Arkansas and how they benefit the state's economy, workforce, and businesses.

### BEST PLACES TO WORK IN MODERN HEALTHCARE

Modern Healthcare recognized Conway Regional as a Best Place to Work in Modern Healthcare for the fourth year in a row.

### PINNACLE OF EXCELLENCE AWARD

The Pinnacle of Excellence Award recognizes organizations that achieve and maintain consistently high levels of excellence for at least three years in patient experience, employee or physician engagement, or clinical quality performance. Conway Regional Medical Center is one of only four national organizations to receive this award for physician engagement.

### AMERICAN HEART ASSOCIATION

We are honored to have received a 2021 Stroke Gold Plus with Honor Role award from the American Heart Association. Conway Regional Medical Center Cath Lab received the Mission: Lifeline® Gold Plus Receiving Quality Achievement Award for implementing specific quality improvement measures outlined by the American Heart Association for treating patients who suffer severe heart attacks.

### **DIAMOND AWARDS**

We are honored to have received a Diamond Award from the Arkansas Hospital Association. Conway Regional received an award for our COVID Safe Campaign.

### **GREAT PLACE TO WORK**

Conway Regional Health System is proud to be Certified™ by Great Place to Work®. The prestigious award is based entirely on what current employees say about their experience working at Conway Regional.



### NORTH METRO HEALTHCARE AWARDS

• The Northmetro Healthcare Forum honors individuals and companies that impact the overall health of the community they service or their employees. Conway Regional was awarded for its COVID-19 Response.

### ARKANSAS BUSINESS BEST OF BIZ

• Conway Regional was awarded as a finalist for the 17th annual Arkansas Business Best of Business Awards. Thousands of Arkansans selected companies that appear on this list.

### FAULKNER LIFESTYLE'S READER'S CHOICE

- Best Hospital Conway Regional Health System
- Best Home Health Care Conway RegionalHomeCare
- Best Medical Clinic Greenbrier Family Medicine

### **BEST OF FAULKNER COUNTY**

- Best Hospital Conway Regional Health System
- Best Home Health Care Conway Regional HomeCare
- Best Urgent Care Conway Regional After Hours Clinic
- Best Orthopedic Care Conway Regional Center for
- Orthopedics & Sports Medicine

### CARE CHEX AWARDS

- #1 in the State Hip Fracture
- Top 10% in the Nation Stroke Care
- #1 in the Market Orthopedic Care
- Top 10% in the State Women's Health
- Top 10% in the Nation Cancer Care

### **ARKANSAS BUSINESS 40 UNDER 40**

• Rebekah Fincher, Chief Administrative Officer

### DAISY/BEE AWARDS

Conway Regional is honored to participate in the quarterly DAISY award program, recognizing nurses for their skilled, compassionate, and exemplary care. Congratulations to the nurses who received the award in 2021!



Suzanne Harris 2021



**Kathy Carter** 2021



**Hayley Duncan** 2021



**Lindsey Rowe** 2021



Cynthia Hankins 2021

BEE Awards are presented quarterly to recognize exceptional non-nursing caregivers and their contributions to the community. Congratulations to the recipients of the 2021 BEE Awards!



2021



Jordan Johnson Tabatha Henderson Larkin Hatcher 2021 2021



Misty Foshee 2021



Mary Jo Shaver, MD Sarah Ellington 2021



2021

### **40 NURSE LEADERS UNDER 40**

40 Nurse Leaders Under 40 in the state are recognized due to their exemplary dedication to the nursing profession and a commitment to service excellence and leadership. They are acknowledged as community outreach servants.

> **JoLeigh** Davidson, RN

### **GREAT 100 NURSES**

These exemplary Nurses are selected based on their concern for humanity, their contributions to the profession of Nursing, and their mentoring of others.

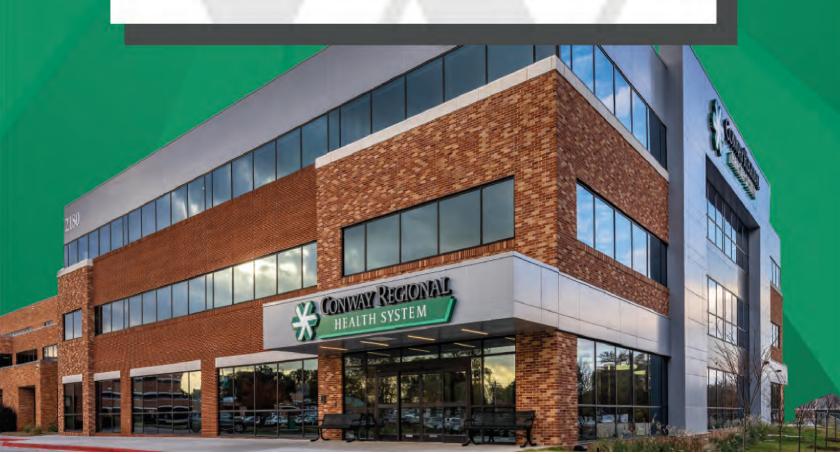
Brenda Lynn Amy Garlington, RN Skelton, RN Braden, RN

# THANK YOU FOR YOUR SUPPORT!



Thank you to the thousands of readers who voted Conway Regional as the best in multiple categories:

Best Hospital
Best Diverse Workplace
Best Health Care Provider
Best Fitness Center



### NAMED "MOST ADMIRED HOSPITAL" IN ARKANSAS

We are honored to have been named "Most Admired Hospital" and voted "Best Hospital" in the state by readers of AY magazine for two consecutive years.







HEALTH CARE ADMIN AND CEO



Matt Troup President & CEO

**SURGEON** 



Regan Gallaher, MD Neurospine Surgery

PHYSICIAN



Anthony Manning, MD General Surgery

PHYSICIAN



Savannah Bradbury, PA Neurology

NURSE PRACTITIONER



Angela Foster, APRN Mayflower Medical Group

REGISTERED NURSE



Valerie Lambe, RN Labor & Delivery

ALLIED HEALTH CARE PROVIDER



Ashely Cornett, MS RDN, LD, CDCES

ALLIED HEALTH CARE PROVIDER



Darla Cathcard, PT, DPT, WCS Core & Pelvic Physical Therapy



LARGE HOSPITAL

Conway Regional Health System

Conway Regional Health System has been recognized as a champion in health care. At Conway Regional, our world-class providers are here to take care of you and your health care needs. From primary care to specialty care, we offer a seamless referral process, ensuring you get the care you need. We are here for you, wherever you are, no matter the need.

### **AMP FUTURE 50**



Rebekah Fincher
Chief Adminstration
Officer

### **AMP BEST OF**



Best CEO or President of a Hospital Matt Troup



Best Chief Finance Officer Troy Brooks

### AY MAGAZINE'S 2021 INTRIGUING WOMEN



Mary Burgess, MD
Infectious Disease
Specialist



Angie Longing, MHSM, BSN, RN, NE-BC
Chief Nursing Officer

# AY MAGAZINE'S MEN OF DISTINCTION 2021



**Greg Kendrix, MD**Graduate Medical Education

### **AY MAGAZINE BEST OF 2021**

- Best Chief Executive Officer Matt Troup, President and CEO
- Person of the Year Angie Longing, Chief Nursing Officer
- Best Boss Angie Longing, Chief Nursing Officer
- Best Oncologist Rachana Yendala, MD
- Best Radiologist Daniel Clark, MD
- Best Surgeon (Lower Extremity) James Head, MD
- Best Surgeon (Upper Extremity) Jay Howell, MD
- Best Hospital
- Best Gastroenology Clinic
- Best Pain Specialist
- Best Place to have a Baby
- Best Sports Medicine Clinic (COSMC)
- Best Overall Company

# AY's Best Healthcare Professionals

### Allergy & Immunology

Collie Shaw, MD, Central Arkansas ENT Clinic

### Anesthesiology

Carol Angel, MD, Conway Anesthesiology Consultants, PA Jevin Smith, MD, Conway Regional Medical Center

### Cardiologist/Cardiovascular Disease

Donald Steely, MD, Conway Regional Cardiovascular Clinic Dennis Woodhall, MD, Cardiovascular and Thoracic Surgery of Conway

### **Emergency**

Michael Fahr, MD, Conway Regional Medical Center Jason Skinner, MD, Conway Regional Medical Center Wade Gregory, MD, Conway Regional Medical Center

### **Endocrinology & Metabolism**

Ashley Cornett Robb, MS, RDN, LD, CDCES, Conway Regional Health System

### **Family Medicine**

Bart Throneberry, MD, Throneberry Family Clinic Brady Tilley, MD, Tilley Family Medicine

### Gastroenterology

Martin Moix, MD, Conway Regional Gastroenterology Clinic

### **General Surgery**

Michael Stanton, MD, FACS, Conway Regional Health System

### **Geriatric Medicine**

Annette Anderson, MD, Conway Regional Counseling Center

### **Hand Surgery**

Jimmy L. Head, MD, Conway Orthopedic & Sports Medicine Center James T. Howell, MD, Conway Orthopedic & Sports Medicine Center Tom Roberts, MD, Conway Regional Center for Orthopedic and Sports Medicine

### Infectious Disease

Mallory Smith, MD, Conway Regional Infectious Disease Center Mary Burgess, MD, Conway Regional Infectious Disease Center

### **Internal Medicine**

Greg Kendrick, MD, Conway Regional Health System

### **Oncology & Hematology**

Sue Tsuda, MD, Conway Hematology Oncology

### Nephrology

Mary Jo Shaver, MD, Nephrology Associates, PA

### **Neurological Surgery**

Regan Gallaher, M.D., Conway Regional Neuroscience Center

# AY's Best Healthcare Profesionals

### **Neurology**

Tim Freyaldenhoven, MD, PhD, Conway Regional Neuroscience Center Keith Schluterman, MD, Conway Regional Neuroscience Center

### **Nursing Director**

Suzanne Harris, RN, Conway Regional Health System

### **Nurse Practitioner/Physician Assistant**

Lauren Blansett, APRN, Conway Regional Greenbrier Family Medicine Savannah Bradbury, PA, Conway Regional Neuroscience Center Rhonda Dixon, APRN, Conway Regional Medical Clinic - Prince St Clinic Angela Foster, APRN, Conway Regional Mayflower Medical Clinic Meghan Mallett, APRN, Conway Regional Medical Clinic- Prince St Clinic

### **Obstetrics and Gynecology**

Andrew Cole, MD, Conway OB-GYN
Amy Johnson, MD, Conway Women's Health Center
Lauren Nolen, MD, Conway OB-GYN
Brandie Martin, MD, Conway Women's Health Center
Michael Wood, MD, Conway Regional Renaissance Women's Center

### **Oncologist**

Rachana Yendala, MD, Conway Regional Multispecialty Clinic

### Ophthalmology

Melanie Smith, MD, Arkansas Ear Nose & Throat Stephen Magie, MD, Arkansas Retina Clinic

### **Orthopedics/Orthopedic Surgery**

Tom Roberts, MD, Conway Regional Center for Orthopedic & Sports Medicine Grant Bennett, MD, Conway Orthopedic & Sports Medicine Center

### Otolaryngology

Collie Shaw, MD, Central Arkansas ENT Clinic

### Pain Management & Rehabilitation

Jonathan Lee, MD, Conway Anesthesiology Consultants
Jevin Smith, MD, Conway Anesthesiology Consultants
Chris Maranto, MD, Conway Regional Advanced Pain Management
Heath McCarver, MD, Conway Regional Advanced Pain Management
Mikio Ranahan, MD, Conway Regional Advanced Pain Management

### **Pediatric Dentistry**

Gerald Friend, DDS, Conway Pediatric Dental Group Aaron Forrester, DDS, Groovy Smiles Pediatric Dentistry John Scott, DDS, Conway Pediatric Dental Group

# AY's Best Healthcare Profesionals

### **Pediatric General**

Terence Champlin MD, TLC Pediatrics Steve McNabb, MD, Arkansas Pediatrics of Conway

### **Plastic Surgery**

Michael Spann, MD, Little Rock Plastic Surgery

### **Podiatrist**

Aaron Seiter, DPM, Seiter Foot and Ankle

### **Psychiatry**

Annette Anderson, MD, Conway Regional Counseling Center

### Rheumatology

Swetha Boddeda, MD, Conway Regional Multispecialty Clinic

### Surgeons

Michael Stanton, MD, FACS, Conway Regional Surgical Associates

### **Urology**

Robbie Hurtt, MD, Arkansas Urology Jeff Marotte, MD, Arkansas Urology

# AY's Best Women in Health Care

### Misty Birdwell, APRN

Conway Regional Greenbrier Family Medicine

### Lauren Blansett, APRN

Conway Regional Greenbrier Family Medicine

### Annettee Anderson, MD

Conway Regional Counseling Center

### Amelia Fleisher, RN

Conway Regional Health System

### Mary Jo Shaver, MD

Conway Regional Health System

### Sarah Robertson, MD

Conway Regional Health System

### Mary Burgess, MD

Conway Regional Infectious Disease

### Mallory Smith, MD

Conway Regional Infectious Disease

### Angela Foster, APRN

Conway Regional Mayflower Medical Clinic

### Blair Greenwood, MD

Conway Regional Mayflower Medical Clinic

### Hannah Ray, RN

Conway Regional Medical Center

### Suzanne Harris, RN

Conway Regional Medical Center

### Rhonda Dixon, APRN

Conway Regional Medical Center - Prince St.

### Meghan Mallett, APRN

Conway Regional Medical Center - Prince St.

### Rachana Yendala, MD

Conway Regional Multispecialty Clinic

### Savannah Bradbury, PA

Conway Regional Neuroscience Center

### Courtney Sick, MD

Conway Regional Renaissance Women's Center

# National Hospital Week

May 12-18

National Hospital Week celebrates hospitals, health systems, and the men and women who support the community through dedication to healthcare. To celebrate, the Health System showed appreciation for employees with gifts, meals, and prizes throughout the week. At Conway Regional, we are one team with one promise: to be bold, to be exceptional, and to answer the call. We are grateful to each member of our team who lives this promise to the fullest, providing high-quality, compassionate care to the communities we serve.











