



Alzheimer's and Dementia Caregiver Support Group

Presented by:
The Alzheimer's Association
and Conway Regional Health System

When: The second Wednesday of every month
 from 3:00 - 4:00 pm

Where: Conway Regional Health and Fitness
 Center Classroom
 700 Salem Rd.
 Conway, AR 72034

For questions or to RSVP, please contact:

Courtney Ghormley
 Courtney.Ghormley@gmail.com

OR

Jill Thompson
 501-239-8229

To learn more about caregiver programs and resources, visit:
alz.org/Arkansas. To further extend your network of support,
visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

The Alzheimer's Association® support groups, led by trained facilitators, offer care partners a safe and supportive environment.

- Develop a strong support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs, and concerns
- Learn about other community resources